

Individual differences in frontolimbic circuitry and anxiety emerge with adolescent changes in endocannabinoid signaling across species

Dylan G. Gee^{a,b,1}, Robert N. Fetcho^{a,1}, Deqiang Jing^{b,1}, Anfei Li^{a,1}, Charles E. Glatt^{a,b}, Andrew T. Drysdale^a, Alexandra O. Cohen^{a,b}, Danielle V. Dellarco^{a,b}, Rui R. Yang^b, Anders M. Dale^{c,d}, Terry L. Jernigan^d, Francis S. Lee^{a,b,e,2,3}, B.J. Casey^{a,b,2,3}, and the PING Consortium⁴

^aSackler Institute for Developmental Psychobiology, Weill Cornell Medical College of Cornell University, New York, NY 10065; ^bDepartment of Psychiatry, Weill Cornell Medical College of Cornell University, New York, NY 10065; ^cDepartments of Neurosciences, Radiology, and Psychiatry, University of California, San Diego, CA 92093; ^dDepartment of Cognitive Science, University of California, San Diego, CA 92093; and ^eDepartment of Pharmacology, Weill Cornell Medical College of Cornell University, New York, NY 10065

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Anxiety disorders peak in incidence during adolescence, a developmental window that is marked by dynamic changes in gene expression, endocannabinoid signaling, and frontolimbic circuitry. We tested whether genetic alterations in endocannabinoid signaling related to a common polymorphism in fatty acid amide hydrolase (FAAH), which alters endocannabinoid anandamide (AEA) levels, would impact the development of frontolimbic circuitry implicated in anxiety disorders. In a pediatric imaging sample of over 1,000 3- to 21-y-olds, we show effects of the FAAH genotype specific to frontolimbic connectivity that emerge by ~12 y of age and are paralleled by changes in anxiety-related behavior. Using a knock-in mouse model of the FAAH polymorphism that controls for genetic and environmental backgrounds, we confirm phenotypic differences in frontoamygdala circuitry and anxiety-related behavior by postnatal day 45 (P45), when AEA levels begin to decrease, and also, at P75 but not before. These results, which converge across species and level of analysis, highlight the importance of underlying developmental neurobiology in the emergence of genetic effects on brain circuitry and function. Moreover, the results have important implications for the identification of risk for disease and precise targeting of treatments to the biological state of the developing brain as a function of developmental changes in gene expression and neural circuit maturation.

FAAH | frontolimbic | gene × development | anxiety | cross-species

Anxiety disorders typically emerge during adolescence, when the incidence of mental illness peaks (1, 2). The developmental phase of adolescence is characterized by dynamic changes in gene expression, frontolimbic circuitry (3, 4), and overall tone of the endocannabinoid system, which are implicated in anxiety (5–7).

The corticolimbic endocannabinoid system undergoes dynamic changes across development. The onset of adolescence is marked by the highest expression of type 1 cannabinoid receptor (CB1) in both cortical and subcortical brain regions, with CB1 expression declining to adult levels throughout adolescence (8, 9). Across the amygdala and prefrontal cortex, fatty acid amide hydrolase (FAAH) expression shows a transient increase from postnatal day 35 (P35) to P45 during adolescence in mice (10). Consistent with the regulatory role of FAAH, anandamide (AEA) levels show an inverse pattern of a peak at P35 and subsequent decrease during adolescence (10, 11). AEA is an endogenous ligand for the CB1 receptor, suggesting that the concurrent changes in AEA and CB1 expression reflect decreasing endocannabinoid signaling during adolescence (12), which may be associated with increasing risk for anxiety (Fig. 1).

A common human polymorphism in the gene encoding FAAH (C385A; rs324420), the primary catabolic enzyme of the prototypical endocannabinoid AEA, regulates FAAH activity. The variant FAAH A385 allele destabilizes the FAAH protein, causing lower levels of FAAH enzymatic activity and/or increased levels of AEA in T lymphocytes and brain (13, 14). Phenotypic expression of common polymorphisms may vary as a function of developmental

changes in AEA signaling, gene expression, and neural circuit maturation. Defining the precise interaction of developmental and genetic variation in AEA signaling can advance understanding of the molecular basis of anxiety disorders and facilitate developing FAAH C385A as a biomarker for precise targeting of treatments to the biological state of the developing brain.

To enhance the reliability of human genetic studies of FAAH C385A, we have developed a knock-in mouse that biologically recapitulates the human FAAH A385 allele, displaying reduced FAAH protein levels and enzymatic activity and increased AEA levels in the brain relative to wild-type (WT) mice, which express the ancestral FAAH C385 allele (14). We have shown that the variant FAAH A385 allele is associated with selective enhancement of frontolimbic connectivity implicated in anxiety (15–18) and greater fear extinction in both adult humans and mice (14). In light of the quantitative differences in AEA levels across development and because of the genotype at FAAH C385A, we hypothesized that there would be a gene by development interaction, in which the effects of FAAH C385A on frontolimbic connectivity and anxiety emerge during adolescence.

In this study, we implemented parallel studies in mice and humans across development (19) to determine the developmental

Significance

Anxiety disorders peak during adolescence, a developmental period that is marked by dynamic changes in gene expression, frontolimbic circuitry, and endocannabinoid signaling. This cross-species study identifies parallel gene by development interactions across humans and a knock-in mouse model of the same fatty acid amide hydrolase (FAAH) polymorphism. The impact of FAAH genetic variation on frontolimbic circuitry and anxiety in mice and humans emerges during adolescence as anandamide levels decrease but not before. These findings have important implications for the identification of risk for disease and precise targeting of treatments to the biological state of the developing brain as a function of developmental changes in gene expression and neural circuit maturation.

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¹D.G.G., R.N.F., D.J., and A.L. contributed equally to this work.

²F.S.L. and B.J.C. contributed equally to this work.

³To whom correspondence may be addressed. Email: fslee@med.cornell.edu or bjc2002@med.cornell.edu.

⁴A complete list of the PING Consortium can be found in [Supporting Information](#).

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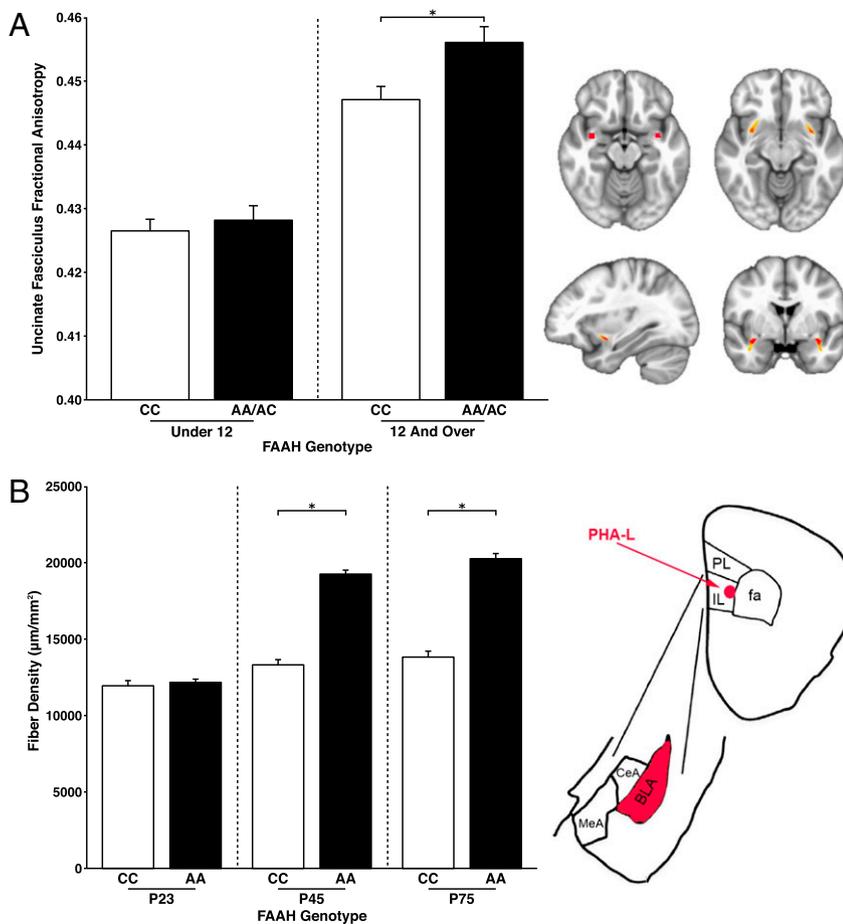


Fig. 2. Phenotypic differences in frontolimbic circuitry resulting from FAAH polymorphism emerge during adolescence in human and mouse. (A, Left) Posthoc analyses revealed a significant genotypic effect on UF FA in participants 12 y of age and older [$n = 509$; 249 females; $F(1,491) = 14.02$; $P = 0.0002$] but not in those under 12 y of age [$n = 541$; 259 females; $F(1,523) = 0.513$; $P = 0.474$]. (A, Right) Mask in Montreal Neurological Institute standard space where UF ascends from the temporal lobe used as the seed region for probabilistic tractography in humans (upper left); UF tract mask is derived from probabilistic tractography averaged across human participants ($n = 1,050$). (B, Left) Consistent with the findings in humans, a significant genotype by age group interaction [$F(2,36) = 58.72$; $P < 0.0001$] in IL afferent fibers to BLA emerged, such that knock-in mice (AA: $n = 7$ per age) had higher fiber density than WT mice (CC: $n = 7$ per age) during adolescence at age P45 ($P < 0.0001$) and adulthood at P75 ($P < 0.0001$). (B, Right) Drawing of anatomical boundaries and anterograde tracer targeted to IL and labeling afferents in BLA. CeA, central amygdala; MeA, medial amygdala; PL, prelimbic; * $P < 0.05$.

Discussion

This developmentally informed translational approach with parallel studies in mice and humans provides converging evidence that effects of the FAAH C385A polymorphism on frontolimbic circuitry emerge during adolescence. FAAH^{A/A} knock-in mice and human FAAH A385 allele carriers show stronger frontolimbic connectivity beginning in adolescence and extending into young adulthood but not in childhood. Consistent with stronger structural connectivity, adolescents but not younger mice or humans with the FAAH A385 allele showed lower anxiety, further suggesting developmental specificity in the phenotypic effects of the FAAH C385A polymorphism. This previously unidentified gene by development interaction may elucidate mechanisms underlying risk for anxiety disorders and suggest an important step toward precision medicine approaches that tailor treatment based on genetic variation and developmental stage (e.g., adolescence).

The adolescent emergence of FAAH C385A effects on frontolimbic circuitry in mice and humans suggests that normative developmental processes moderate the effects of the FAAH C385A polymorphism on frontolimbic development. CB1 expression, FAAH activity, and AEA levels are relatively stable during childhood but fluctuate dynamically across adolescence (10, 11, 32, 33). During this period of fluctuation, the developing system may be especially sensitive to differential expression of FAAH and consequently, AEA levels associated with the variant allele, especially as AEA levels wane. Specifically, as AEA levels decrease during midadolescence, additional quantitative effects of the FAAH A385 allele may increase. The moderation of phenotypic differences by developmental stage was not evident for a control tract, suggesting some specificity of the phenotypic effects to frontolimbic circuit development.

Consistent with the developmental emergence of FAAH C385A effects on frontolimbic connectivity, the effects of the

FAAH A385 allele on anxiety also emerged during adolescence. Developmental alterations in the activity of FAAH and consequently, the levels of AEA in the system, may influence the development of neural circuitry and the emergence of anxiety (4). The endocannabinoid system has been associated with anxiety (34, 35), and we have shown that the FAAH A385 variant allele strengthens frontolimbic circuitry, enhances fear extinction, and decreases anxiety-like behaviors in mice and humans during adulthood (14). Effects of the FAAH C385A polymorphism on frontolimbic circuitry implicated in anxiety (15–18) are a likely mechanism underlying phenotypic differences in anxiety associated with the A385 allele. Specifically, functional effects of the A385 allele may enhance prefrontal regulation of the amygdala during fear (6, 7) through stronger frontoamygdala connectivity (14). In addition to revealing their developmental trajectory, here we extend these findings to structural connectivity in humans. Our prior work suggests that phenotypic differences resulting from the FAAH C385A polymorphism are specific to top-down connections from the IL to BLA, which were not apparent for the BLA to IL or the connections between the BLA and prelimbic cortex (14). Thus, greater regulation by top-down control of the amygdala may mediate the gain of function that FAAH A385 allele carriers exhibit in the domain of anxiety. Given the smaller sample of participants with anxiety scores in this study and the substantial effects of age on frontolimbic connectivity over this age range, it was not possible to uncouple these effects in a mediation model.

Despite the need for identification of differential genetic effects across development to inform risk and treatment of psychiatric disorders, gene by development interactions have remained largely elusive. Moreover, the challenges of mapping psychiatric disorders onto neurobiology, including nonreplication of past candidate gene studies, has hindered progress in clinical practice. Conducting parallel studies across species allows for

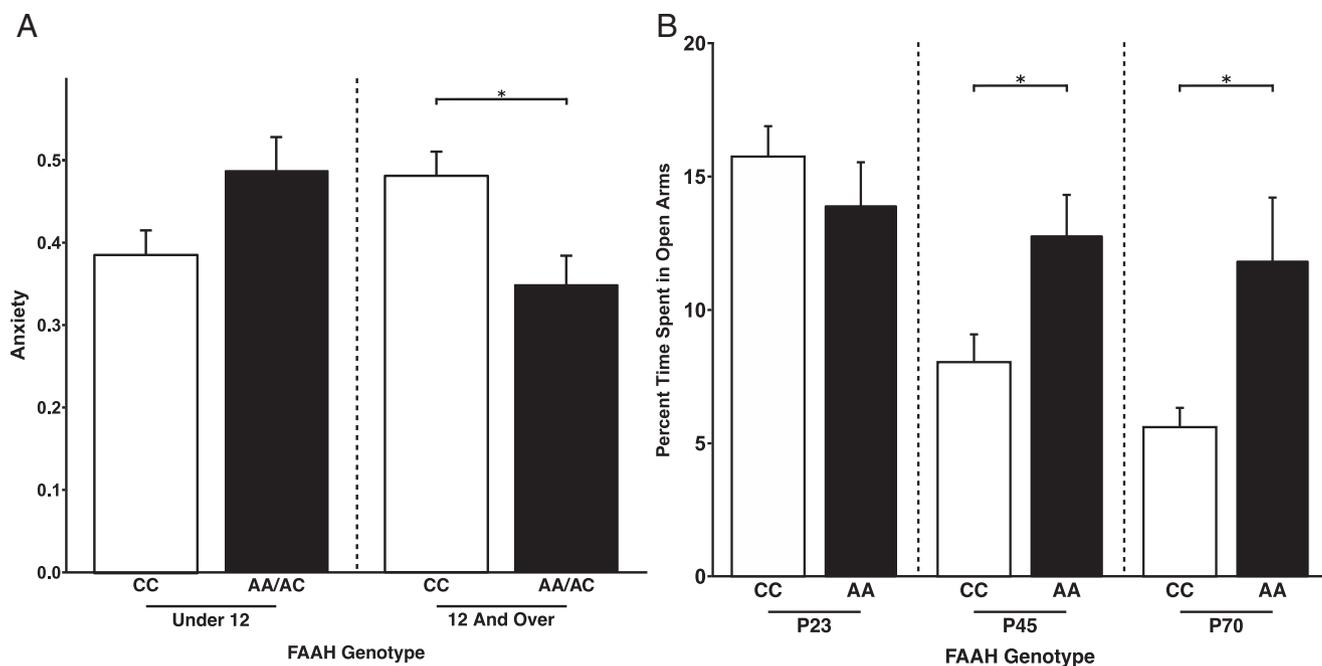


Fig. 3. Phenotypic differences in anxiety resulting from FAAH polymorphism emerge during adolescence in human and mouse. (A) A significant gene by development interaction [$F(1,198) = 6.2269$; $P = 0.0134$] on anxiety revealed that A allele carriers ($n = 54$; 19 females) had lower anxiety than C homozygotes ($n = 63$; 30 females) during adolescence [$F(1,102) = 8.96$; $P = 0.00346$] but not during childhood [$F(1,83) = 3.82$; $P = 0.054$; A allele carriers: $n = 32$; 21 females; C homozygotes: $n = 65$; 28 females]. These findings parallel the adolescent emergence of stronger frontolimbic connectivity among A allele carriers. (B) Consistent with the finding in humans, a significant genotype by age group interaction [$F(1,45) = 4.922$; $P = 0.0316$] revealed that FAAH^{AA} mice (P23: $n = 9$; P45: $n = 9$; P65–P75: $n = 10$) showed less anxiety-like behavior than FAAH^{CC} mice (P23: $n = 6$; P45: $n = 8$; P65–P75: $n = 7$) during adolescence and adulthood, but not during childhood, as measured by percentage of time spent in the open arms of the EPM. * $P < 0.05$.

greater control of environmental and genetic background (e.g., in rodents) while enabling rapid translational discovery by leveraging conserved elements of neural and behavioral systems to identify genotype–phenotype relationships (19, 36–38). By integrating a developmentally informed approach with parallel rodent and human studies (Fig. 4), we have established convergence and cross-species validation of the developmental emergence of FAAH C385A effects on frontolimbic circuitry. Ultimately, such translational studies can facilitate scientific consensus that will permit the implementation of developmental biomarkers guiding clinical practice.

The finding that FAAH C385A effects on frontolimbic circuitry and anxiety emerge during adolescence may prove valuable in enhancing personalized medicine for anxiety disorders, which are the most common psychiatric disorders during adolescence. Despite dynamic changes across brain development, many treatments are based on principles studied in adults; delineating the biological state of the developing brain is critical for optimizing treatment for children and adolescents (3). Tailoring clinical practice based on developmental stage and individual genotypic differences may indicate which treatments will be most effective for which patients. Although any single common polymorphism is unlikely to be sufficient for personalizing treatments, this work may contribute to efforts to target treatments that rely on endocannabinoid signaling (e.g., FAAH inhibitors). Most recently, the role of endocannabinoids in treatment with selective serotonin reuptake inhibitors has been elucidated, suggesting additional implications for use of selective serotonin reuptake inhibitors or their combination with exposure-based therapies. Specifically, BLA-specific CB1 receptors and fluoxetine-induced increases in AEA mediated the effects of fluoxetine (but not citalopram) on fear extinction (39). Given the high incidence of anxiety disorders during adolescence (1) and prior evidence of diminished fear extinction during adolescence across species (40–42), these findings in the context of recent work on treatment mechanisms related to the endocannabinoid system have significant potential to optimize treatment for anxiety during this sensitive window of development.

Conclusions

A developmentally informed approach integrating multiple levels of analysis across parallel studies in humans and mice engineered to recapitulate common human polymorphisms can identify reliable and precise genotype–phenotype relationships. In this report, we have shown that the effects of FAAH C385A genotype on frontolimbic connectivity vary as a function of developmental stage, emerging in early adolescence when endocannabinoid signaling is decreasing. This developmental trajectory coincides with the onset of anxiety disorders in many individuals and may contribute to interindividual variation in anxiety disorders and their treatment during adolescence and beyond. Our results underscore the importance of considering normative developmental neurobiology in characterizing the phenotypic effects of common human polymorphisms and their association with atypical development. Moreover, these findings highlight how phenotypic expression of common polymorphisms varies as a function of developmental changes in gene expression and neural circuit maturation and have broad implications for the development of common polymorphisms as potential biomarkers guiding psychiatric care.

Methods

Human Participants. Data used for this study were obtained from the PING Study database (pingstudy.ucsd.edu) (SI Methods) (20). Participants included an initial sample of 1,221 typically developing individuals ranging in age from 3 to 21 y old who had diffusion scans collected in the multisite PING Study. Details on the recruitment, ascertainment, behavioral, genetic, and neuroimaging methods and acquisition in the PING Study are summarized below (details are in refs. 43–46). All participants provided informed consent (age 18 y old and older) or parental informed consent with child assent (ages 7–17 y old) in accordance with policies of the Institutional Review Boards of the sites of participation. Compensation was provided as agreed on during the consent process. In total, 1,050 individuals (mean age = 12.11 y old; SD = 4.80; range = 3.0–21.0; 518 females) (Table S1) from the PING Study database were included in this work after 171 participants from the initial

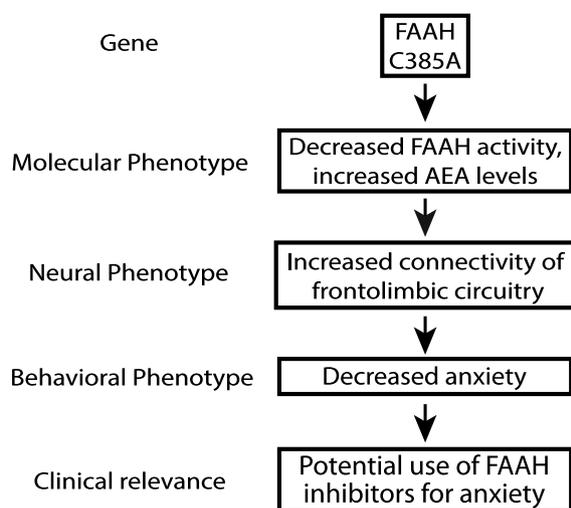


Fig. 4. Developmentally informed vertically integrated translational approach to genetic variation and treatment targets across development. We have used developmentally informed parallel human and mouse studies to identify the relevance and impact of the FAAH C385A polymorphism on brain biochemistry, neurocircuitry, behavior, and symptoms (i.e., vertical integration across multiple levels of analysis) during development and identified a previously unidentified gene by development interaction.

sample were excluded for excessive movement during image acquisition ($n = 2$) or insufficient information for age, sex, ancestry, or genotype ($n = 169$).

Diffusion Imaging Data Preprocessing and FA Analysis. Diffusion MRI data were obtained from the PING Study database. Acquisition protocols for a high-resolution, T1-weighted scan and diffusion-weighted scans were standardized across sites dependent on the make of scanner, with most parameters constant across all locations (*SI Methods*). Image preprocessing and analysis were performed with a customized processing pipeline using Analysis of Functional NeuroImages (47) and FMRIB Software Library software packages (48). Images were corrected for both susceptibility-induced and eddy current distortions (49). Participant head movement during image acquisition was calculated, and realignment was performed across gradient direction slices. Gradient vector directions were rotated based on the motion correction. Gradient slices that were found to have head displacement greater than one-half of a voxel (1.25 mm) were excluded from the diffusion directions used for additional analyses, because data for that gradient direction were likely inaccurate because of movement. If more than one-half of the gradient slices in a participant's data exceeded the movement threshold of 1.25 mm, the participant was excluded from additional analysis.

We examined structural connectivity for an a priori tract of interest, the UF, based on its identification as a major white matter tract connecting the prefrontal cortex and amygdala (22) and our prior evidence of phenotypic differences across mice and humans in frontoamygdala connectivity (14). Probabilistic tractography was used to determine UF masks on a participant by participant basis. Diffusion data were modeled using a crossing fiber technique described previously (Bayesian estimation of diffusion parameters obtained using sampling techniques) (50). A two-fiber model was created to perform probabilistic tractography and FA analysis. To determine the location of the UF in each participant, a mask in standard Montreal Neurological Institute (MNI) space was created to use as a seed region for tractography. The seed was placed at the site where the UF is known to ascend from the temporal lobe and loop anteriorly into the frontal lobe (Fig. 2A). An exclusionary mask was also placed posteriorly to the seed region to prevent detection of any tracts traveling posteriorly from the seed.

Participant FA maps were transformed into MNI space using a standard FA map, and probabilistic tractography was performed using the seed described. This technique resulted in individualized probabilistic maps, where the highly connected voxels showed a clear UF-shaped pattern that was easily isolated with a single threshold (4,000) held constant for all participants (Fig. 2A). The resulting probabilistic UF masks (both hemispheres) for each participant were inspected visually to ensure a trajectory consistent with the known shape of this major white matter tract (51). Each participant's FA map was then masked using individualized UF masks. The FA values of included voxels were averaged, resulting in an average UF FA value for each participant. To test the

specificity for results of analyses of the UF, analyses were also performed on the corticospinal tract, which served as a control tract (*SI Methods* and Fig. S3).

Human Genotyping. The FAAH genotype was acquired by the PING Genomics Core by genome-wide genotyping on extracted DNA from saliva samples using the Illumina Human 660W-Quad Beadchip with markers passing quality control filters (sample call rate >98%; SNP call rate >95%; minor allele frequency >5%). To assess ancestry and admixture proportions, a supervised clustering approach was implemented in the ADMIXTURE software (52), which clustered participant data into six clusters corresponding to six major continental populations: African, Central Asian, East Asian, European, Native American, and Oceanic.

Anxiety Self-Report. A subset of child and adolescent participants in the PING Study sample provided self-report on the Screen for Child Anxiety-Related Emotional Disorders (53). All child and adolescent participants who had genotype and self-reported anxiety ($n = 217$; mean = 12.69 y old; SD = 2.8; range = 7.25–17.92; 100 females) were examined in the analyses of anxiety; three of these participants were excluded because of extreme scores on the anxiety measures (outliers <1.5 \times or >1.5 \times interquartile range), resulting in a total sample of 214 (Table S2).

Mouse Model and Anterograde Tract Tracing Analyses. We have previously validated a knock-in mouse model of FAAH C385A; generation of FAAH C385A mice is detailed in our prior work (14). WT mice express the human ancestral C385 allele, and replacement with the variant A385 allele resulted in knock-in mice having lower levels of FAAH protein and higher levels of AEA than WT mice. The FAAH knock-in mice were backcrossed >10 generations onto C57B16 mice (Charles River Laboratories). Only male mice were used for all experiments. All animals were kept on a 12:12-h light-dark cycle at 18 °C to 22 °C with food and water available ad libitum. Five mice were housed together per cage. All procedures were in accordance with the NIH *Guide for the Care and Use of Laboratory Animals* (54) and approved by the Institutional Animal Care and Use Committee of Weill Cornell Medical College.

Based on our a priori hypothesis about genotypic effects on the development of frontoamygdala circuitry, we used anterograde tracers in our FAAH knock-in mouse model to examine connectivity with the IL. Mice were microinjected with 20 nL of PHA-L [2.5% solution (wt/vol) in 0.05 M Tris-buffered saline (TBS) at pH 7.4; catalog no. AS-2300; Vector Laboratories] into the IL at P23, P45, and P75 to assess its projections to BLA (Fig. 2B and Table S3). After a survival time of 10 d after PHA-L injections, animals were deeply anesthetized with Euthasol (0.1 mL/10 g body weight) and perfused through the heart with 30 mL 0.9% saline followed by 120 mL 4% (wt/vol) paraformaldehyde in a 0.1 M phosphate buffer. Brains were removed and postfixed with 4% (wt/vol) paraformaldehyde in a 0.1 M phosphate buffer at 4 °C overnight and then, transferred to a sucrose solution (30% sucrose in 0.1 M phosphate buffer at 4 °C for 48 h). Coronal sections were cut on a freezing microtome (40 μ m). Free-floating serial sections (take one out of every three) were washed (three times for 10 min each) in TBS and incubated for 30 min in a blocking solution containing 4% normal donkey serum and 1% BSA in TBS with 0.2% Triton X-100. Sections then were transferred in rabbit anti-PHA-L primary antibody (1:1,000; Vector Laboratories) diluted in the blocking solution mentioned above and incubated 24 h at 4 °C. Sections were incubated for 2 h with Alexa Fluor-labeled donkey anti-rabbit 555 (1:500; Invitrogen). Sections were mounted, coverslipped, and sealed with nail polish.

Injection sites were confirmed by referring to the Allen Mouse Brain Map (Allen Co.). Sections were observed under a Nikon 80i Fluorescent Microscope. Digital photography was performed using a MicroFire camera and FireFrame software (Optronics), and stereological estimation of cell density was performed using Stereoinvestigator software (MicroBrightfield). Contours of the IL and BLA were drawn, and random sampling was applied to contours. Total volume of BLA was estimated using the Cavalieri method. Total cell numbers in IL were estimated using a fractionator, with counting frame size of 25 \times 25 \times 40 μ m and sampling grid size of 100 \times 100 μ m. Detection of fiber density in BLA was performed using a stereological method. Briefly, sections were traced under a 4 \times lens, and then, perimetric probe analysis was done under a 40 \times lens. Counting frame was set to 25 \times 25 μ m, and radius of the Merz coherent test system was set to 5 μ m. Total length of all sampling sites was automatically calculated. For each animal, fiber density is obtained from the sum of the lengths divided by the sum of the areas for all sections. There were no differences in injections across all genotypes and age groups (Fig. S5).

EPM to Measure Anxiety-Like Behavior in Mice. The EPM task was conducted as described previously (*SI Methods*) (55). All mice studies were blinded to the investigator with regard to genotype for both the tract tracing and behavior studies.

Statistical Analyses. Statistical analyses were performed within the R statistical software package, version 2.15.1 (R Core Team). For human analyses, ANOVA

was conducted to examine the effects of age group (under 12 y old versus 12 y old and older) and FAAH genotype [homozygous CC vs. A allele carriers (AA, AC)] on FA while controlling for sex, ancestry, and site. When a significant age group by genotype interaction was detected, posthoc general linear model (GLM) analyses examined the effect of genotype within each age group in children (under 12 y old) as well as adolescents and young adults (12 y old and older) controlling for age (continuous given the wide age range), sex, ancestry, and site. Given a significant age group by genotype interaction on FA, we had an a priori hypothesis that genotype would have an effect on anxiety among adolescents and young adults (12 y old and older) but not among children (under 12 y old). This hypothesis was tested within each age group using a GLM controlling for age (continuous given the wide age range), sex, ancestry, and site. For mice analyses, ANOVA tested for an age group (P23, P45, or P75) by genotype (WT vs. knock in) interaction on fiber density and the percentage of time spent in the

open arms during the EPM. For a significant age group by genotype effect, posthoc Student's *t* tests tested the effect of genotype within each age group. For humans, secondary exploratory analyses used a GLM to test for a dose-dependent effect of genotype on FA (AA > AC > CC) (Fig. S2) and anxiety (AA < AC < CC) (Fig. S6). Statistical tests were two-sided; values of $P < 0.05$ were considered statistically significant. Data are presented as means \pm SEMs.

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